

# Surf to freedom

The saying goes: time flies when you're having fun. Sadly enough, time also flies when you're very busy – at the office for example.

Balancing work-life has become increasingly difficult in modern times and considering that we spend most of our time at work, finding ways to save time managing your home life could leave you with more time for other things. Thankfully, modern life has its advantages, the Internet can be a huge time saver, packed with tools to make your life easier.

Everything from online shopping, to tips and easy ideas on what to serve for dinner, and more importantly, help manage your daily chores can be found on the Net. The opportunities are endless. So go online today and get surfing – chances are good that you'll strike it lucky!

## **Just a few ideas to get you started:**

- Need a second pair of hands? Or perhaps a personal PA? [www.mylifeorganised.co.za](http://www.mylifeorganised.co.za) is the ultimate in premier lifestyle management websites – to help you get your To-Do lists ticked off. They offer tailor-made packages, to suit your needs, giving you more time to do the things you love and not the chores you hate.
- What's for dinner? Running out of ideas and time? Squeezing family and work into a day is never easy. The answers to your questions are only a click away: [www.whatsfordinner.co.za](http://www.whatsfordinner.co.za).
- Save time doing grocery shopping, shop online at: [www.picknpay.co.za](http://www.picknpay.co.za).
- And last but surely not least – [www.spice4lifenetwerk.co.za](http://www.spice4lifenetwerk.co.za) – the ultimate website for information about everything you need to know about balancing life as a woman in the 21st century, from relationships to parenting, health, home, food, beauty, and careers.
- Or try this great read: *Stop Living Your Job, Start Living Your Life: 85 Simple Strategies to Achieve Work/Life Balance* – Andrea Molloy. Available from [www.jump.co.za](http://www.jump.co.za).